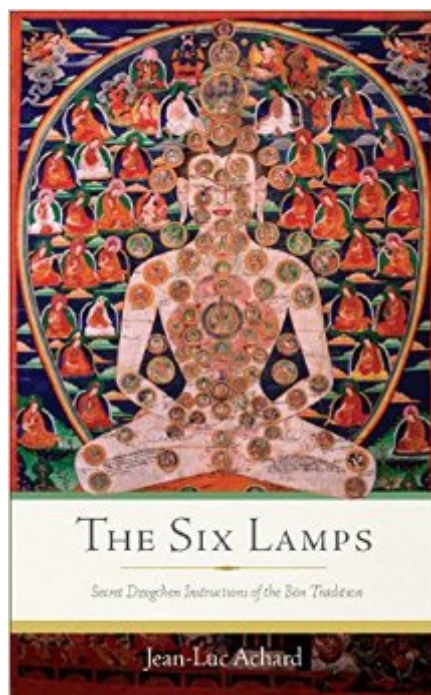


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# The Six Lamps: Secret Dzogchen Instructions Of The Bön Tradition



## Synopsis

Esteemed Tibetologist Jean-Luc Achard contextualizes and provides a clear translation of highly secret precepts on Dzogchen practice unlike anything published. The Instructions on the Six Lamps is one of the root-texts of the Zhangzhung Nyengyul series of teachings. It is considered as the central work of the inner cycle of these teachings, mostly dealing with the principles of the natural state and its visionary marvels. The root-text describes highly secret precepts on Dzogchen practice "the teachings of Trekchö and Thögel" as revealed by Tapihritsa to Gyerpung Nangzher Lönpo. The teachings in this text represent oral instructions transmitted by a single master to a single disciple in the mode known as a single transmission. It is through such a practice that one can contemplate the marvels of the Clear-Light of one's own mind, before achieving the ultimate Fruit of Buddhahood. In this respect, the text contains a complete teaching of Dzogchen, from beginning to end.

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